



Ahiṃsā paramo dharmaḥ

- Since in fact it is not said in the scriptures that benefit for oneself must be achieved with harm to others. It is told:

A person ought not do to another what is unpleasant to himself/
this is, in short, *dharma*.

3.2-3) «What we call *rasa* is an indivisible whole, self-revealing, and consisting of blissful consciousness, completely insulated from any other object of perception, and thus akin to savoring supreme being. Its life force lies in supermundane rapture. It is savored by certain special people when they cognize it through a superabundance of sensitivity, as being something identical to themselves, like their own body.»

From *Sāhityadarpaṇa* (*Mirror of Literary Art*)

by Viśvanātha Kavirāja
(ca. 1350)

