



ALMA MATER STUDIORUM  
UNIVERSITÀ DI BOLOGNA

DIPARTIMENTO DI SCIENZE  
BIOMEDICHE E NEUROMOTORIE

DIPARTIMENTO DI SCIENZE  
PER QUALITÀ DELLA VITA

Second cycle degrees programmes (LM) in:  
Wellness Culture: Sport, Health And Tourism  
Wellness, Sport and Health

# SEMINARS

## EXERCISE FOR DIABETES PHYSIOLOGY, EDUCATION AND PHYSICAL ACTIVITY PROGRAMS

The course is developed in the framework of the European project BE-NEW <https://site.unibo.it/benew/en>  
The seminars will allow to acquire scientific and didactic-training knowledge in the field of metabolic diseases, with specific reference to the prescription and administration of physical exercise in type I and type II diabetes mellitus.

### PROGRAM

**Friday November 12, 2021 | 10.00 am – 1.00 pm**

Prof. Milena Raffi, University of Bologna, Italy  
*Altered physiological mechanisms in the diabetes*

**Wednesday November 17, 2021 | 2.00 pm – 5.00 pm**

Dr. Antonio Saccone, Radio Capodistria, Slovenia  
*Sport, physical education, communication and society*

**Friday November 26, 2021 | 10.00 am – 1.00 pm**

Prof. Vasiliki Derri, Democritus University of Thrace, Greece  
*Physical education and exercise in the management of diabetes in children – Part I*

Prof. Helen Douda, Democritus University of Thrace, Greece  
*Exercise in the management of diabetes in adults - Part II*

**Tuesday November 30, 2021 | 9.00 am – 10.30 am**

Dr. Mihai Androhovici, Association Sport for All Suceava, Romania  
*Risk factors for diabetes in the context of Covid and practical solutions for a balanced lifestyle*

**Thursday December 02, 2021 | 1.00 pm - 2.30 pm**

Prof. Jernej Pajek, University of Ljubljana  
*Exercise and diabetes mellitus: physiological and medical aspects*

**Friday December 10, 2021 | 10.00 am – 1.00 pm**

Prof. Alessandro Piras, University of Bologna, Italy  
*Postural control mechanisms in patients with diabetic sensory neuropathy*

**Friday December 17, 2021 | 10.00 am – 1.00 pm**

Prof. Raul Vela, University of La Rioja, Spain  
*Self-Care in the management of diabetes and exercise*

[click here for online lessons](#)



## PARTNER



**Športna unija Slovenije**  
*Povezani v gibanju!*



  
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